

# Griffin Guidance

## Counseling Services

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## College and Career Guidance Center

Stacy Eatmon, College/Career Counselor	Ext. 82240
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## GRADING PERIODS: 2012-2013

Fall Semester	Spring Semester
October 12	March 8
November 30	April 26
January 24	June 13

## MARK YOUR CALENDAR . . .

### Upcoming Events 7:00 p.m. in the PAC

8 <sup>th</sup> Grade Parent Night	Tuesday, April 9
Open House	Thursday, April 11
Awards of Excellence	Monday, April 22
Senior Awards Night	Wednesday, May 22
Baccalaureate	Tuesday, June 4
Graduation	Thursday, June 13

## PSAT/PLAN Test Results

Students who took the PSAT and/or the PLAN test in October 2012 can pick up their test results in the College/Career Center. The exam results have valuable information and are a good tool to use when studying for the SAT and ACT exams.

## SAT Testing

This test includes Critical Reading, Math, and Writing sections. The short essay measures your ability to organize and express ideas clearly, develop and support the main idea, and use appropriate word choice and sentence structure. For online sample questions and preparation materials, visit: [sat.collegeboard.org](http://sat.collegeboard.org). Many colleges do not require SAT Subject Tests. For information about the University of California SAT Subject Test requirements visit: [www.universityofcalifornia.edu](http://www.universityofcalifornia.edu)

## College Board Testing

Register online at: [sat.collegeboard.org](http://sat.collegeboard.org)

### Test Date: Registration Deadline:

SAT & Subject Tests	May 4	April 5
SAT & Subject Tests	June 1	May 2

## ACT Testing

ACT has a 30-minute Writing Test as an optional component of the ACT Assessment. It is important for students to check with the specific schools to which they plan to apply as each institution has different requirements. ACT Assessment consists of four multiple choice tests, about three hours of testing. ACT Assessment Plus Writing consists of four multiple-choice tests followed by a 30-minute Writing Test, about 3.5 hours of testing.

Register online at: [www.actstudent.org](http://www.actstudent.org)

### Test Date: Registration Deadline:

ACT	April 13	March 8
ACT	June 8	May 3

**Registration must be completed online**

**LAHS school code - 051508**

## Juniors

The spring of the junior year is often the first time that students take a standardized test such as the SAT or ACT. Students are encouraged to consider studying for them now and advised to register early. If you are planning for a college education after you graduate in 2014, create a list of your top 10 colleges. Consider the academics, available majors, location, cost, security, and social and cultural environment among your criteria. Try to narrow your choices down to eight colleges by the end of this year. Start collecting information on majors and classes, admissions criteria, and financial aid.

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## Scholarship Information

Scholarship information is posted in the College and Career Center where students may pick up applications and/or obtain further information. Scholarships (by title) are listed in the College/Career Center Bulletin, and posted on the LAUSD website at: [www.losal.org](http://www.losal.org)

**DO NOT DELAY** - all scholarships have specific deadlines.

## Community College Information for Seniors

Applications for community college will be available online March 1, 2013 at the college of your choice. Math and English placement tests are required. The schedule will be available in the Career Center in the spring and you can find information online at [www.cccapply.org](http://www.cccapply.org).

## Community College Admissions Process

- Step 1: Complete an application online at the college website.**
- Step 2: Take your Math & English assessment tests.**
- Step 3: Complete a new student orientation at the college.**
- Step 4: Make an appointment with a Counselor at the college.**
- Step 5: Choose your classes for fall semester.**

## Transcript Information

Beginning June 3, 2013, you may request your final transcript be forwarded to the school you have decided to attend. The yellow request forms are available in the Records Office before school, during nutrition, at lunch and after school until 3:30 p.m. You may not request records during class time. The requests will be held until the final transcript (with date of graduation) is available for printing. Please do not wait until after school is over.

## RECOGNITION AT GRADUATION

### Community Service Awards at Graduation

Community service logs for listing the hours completed by seniors who plan to earn the Community Service Cord will be accepted after spring break.

### Award of Merit

This Award is presented to students who complete the sequence of high school courses required by the University of California and California State University systems to be minimally eligible for admission. Students must have a grade of 'C' or better in each semester of the required courses. Courses that meet the "a-g" requirements, as well as the minimum grade requirements, may be found in the Los Alamitos High School Curriculum Handbook and are marked "UC/CSU" (subject area). Students who achieve this honor are given a medallion attached to a gold ribbon to wear at graduation.

### Presidents' Award for Educational Excellence

This award is based on a student earning Academic Honors status, as well as a score of at least 1950 on the SAT or 29 on the ACT college admission examinations.

### National Honor Society

Membership in the National Honor Society is both an honor and a responsibility. Seniors are elected to membership first semester upon taking a college-prep program and earning an unweighted 3.8 cumulative GPA for six semesters, and having at least two faculty members attest to their citizenship, service, leadership, and work habits. Members are expected to continue to demonstrate the qualities of scholarship, service, leadership and character for their senior year and must maintain an unweighted 3.8 cumulative GPA for seven semesters. This society is recognized nationwide and membership is transferable on an interstate, interschool basis. Membership rolls will be made available to all local media and appropriate recognition given at graduation.

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## Gold Seal Bearer (CA Scholarship Federation)

CSF is a scholastic organization and membership is dependent upon grades and points earned in identified academic classes. Application for membership must be made each semester. Incoming freshmen, who qualify based on their eighth grade spring semester grades, are admitted on a probationary basis. Students who have been a member of the California Scholarship Federation (CSF) at least four semesters during grades 10 (second semester) through 12, including one semester in their senior year, are awarded Gold Seal status at graduation. A gold seal is attached to the student's diploma and notation of this honor is made on the student's permanent transcript. Some universities and colleges recognize Gold Seal Bearers by offering special scholarships to these students.

To be eligible for semester membership, a student must earn a minimum of 10 CSF points. Of these 10 points, 7 points **MUST** be earned from the academic subjects: Math, Science, Social Sciences, Foreign Language, and English. The remaining points may come from other subject areas.

## Academic Honors

Students who excel in a rigorous academic program are awarded Academic Honors, which is the school's highest honor at graduation. Eligibility to earn Academic Honors at graduation will first be determined during the senior's second semester (at the 12-week progress report). If a student is not eligible at that time, a determination may be made upon final grades. The method of establishing Academic Honors encourages students to undertake a broader and more difficult academic program. This information can be found on the LAHS website at [www.losal.org/lahs](http://www.losal.org/lahs) under 'Graduation' and then 'Graduation Recognition.'

## Pathway Cords for Graduation

Many seniors are projected to complete the courses required to wear a Pathway Cord at Graduation. Pathway Cords can be earned in the following areas:

<i>Arts &amp; Communication</i>	<i>Burgundy Cord</i>
<i>Business &amp; Marketing</i>	<i>Red Cord</i>
<i>Consumer &amp; Human Services</i>	<i>Purple Cord</i>
<i>Health Sciences</i>	<i>Blue Cord</i>
<i>Science &amp; Technology</i>	<i>Green Cord</i>

In order to receive the Pathway Cord, students must complete the Portfolio Packet which includes documentation of job shadowing hours, a copy of their resume and a PowerPoint highlighting their experience. Copies of all Pathway Cord documents are available at [www.losal.org/lahs](http://www.losal.org/lahs) or in the College/Career Center. By completing six semester courses within a selected pathway, you may be eligible to wear a special colored cord at graduation. The three coursework components are:

<i>Technology-Related Course</i>	<i>1 semester</i>
<i>Industry-Related Course</i>	<i>3 semesters</i>
<i>within pathway</i>	
<i>Subject-Related Course</i>	<i>2 semesters</i>
<i>within pathway</i>	

Pathway course performance must be grade B or better. Recognition requires 2.0 overall GPA and satisfactory citizenship/effort.

Students are encouraged to contact the College/Career Center for any assistance needed in this process. All requirements must be completed by April 15, 2013.

# Griffin Guidance

Los Alamitos High School offers Career Technical Education (CTE) courses in the following program areas on our campus:

## Home Economics

- ROP Child Development
- ROP Careers with Children I, II

## Business

- ROP Accounting
- ROP Vital Link/Entrepreneurship

## Computer Education

- Computer Applications
- 3D Animation
- ROP/Video Production

## Industrial Technology

- ROP Carpentry/Construction
- ROP Computer Drafting/CAD
- ROP Intro to Engineering Design (IED)
- ROP Principles of Engineering (POE)

## Other Courses:

- ROP Emergency Responder
- ROP Fire Technology
- ROP Sports Medicine

## ROP Accounting

### Meets Requirements for the Red Pathway Cord

Students will learn how to prepare income statements and balance sheets. Students will also have the opportunity to learn software such as Excel, Word, QuickBooks Pro and Peachtree Accounting. The class prepares students for entry-level employment in office settings and advanced training. Students who complete this one-year class are eligible for one year of UC-approved a-g elective credit.

## ROP Carpentry/Construction

### Meets Requirements for the Green Pathway Cord

Students will learn how to use both hand and power tools safely; how to read blueprints, measure and specify materials, and build projects from the ground up. Opportunities to participate in contests and community events such as Paint Your Heart Out or Habitat for Humanity are included in this program as well as preparation for advanced training, jobs, or apprenticeships.

## ROP Fire Technology

### Meets Requirements for the Blue Pathway Cord

This course includes the history of fire service, fire department organizations, fire behavior, firefighting tactics and strategies, hazardous materials, fire safety, tools and equipment, and fire occupations. This class trains you for future education in this field.

## ROP Child Development

### Meets Requirements for the Purple Pathway Cord

Child Development is a comprehensive study of developmental stages of children from conception through early adolescence, including the major theories of development and their application. Focus is on emotional/psychological, cognitive, and physical development, and on the influence of heredity and environmental factors. Included are theories of multiple intelligence and current brain research. Students who complete this one-year class are eligible for one year of UC-approved a-g elective credit.

## ROP Careers with Children: Preschool Lab

### Meets Requirements for the Purple Pathway Cord

You will learn to recognize developmental stages in children ages 2 1/2 to 5 in the preschool lab. Students will learn and demonstrate teaching methods that work to help little children love to learn in a happy, structured environment. Orange Coast College grants advanced placement and/or credits at the college to students who complete the course with a grade of A or B.

## ROP Emergency Responder

### Meets Requirements for the Blue Pathway Cord

This course prepares students in entry-level skills as first responders, emergency personnel who provide immediate care to ill or injured persons and assist emergency medical service (EMS) providers. Completion of this class satisfies the prerequisite for the EMT class and also provides a strong background for those interested in lifeguard positions, fire service, and a variety of health-related fields.

## ROP Video Production

### Meets Requirements for the Burgundy Pathway Cord

This course prepares the student to work in a production or post-production facility. Major topics include non-linear digital video editing, camera operation, lighting techniques, motion graphics, VTR operation and pre-production skills. Skills in basic production, studio operation, on-location taping, and working together as a production team prepare the student for an entry-level to intermediate production position.

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## **ROP Principles of Engineering (POE) ROP Introduction to Engineering Design (IED) Meets Requirements for the Green Pathway Cord**

Using activities/projects, **POE** students will learn how engineers and technicians use Math, Science, and technology in an engineering problem-solving process. Students will explore careers in engineering and technology, including systems and manufacturing processes. Students who complete this one-year class are eligible for one year of UC-approved a-g elective credit. **IED** uses a design development process while enriching problem-solving skills; students create/analyze models using specialized computer software. Students who complete this one-year class are eligible for one year of UC-approved a-g elective credit.

### **ROP Sports Medicine Meets Requirements for the Blue Pathway Cord**

Students will learn how to prevent sports injuries by the use of proper body mechanics in exercise. Students will also learn how to recognize and evaluate sports injuries when they occur, as well as rehabilitation methods and treatment modalities. This class prepares you for advanced training in this field of study.

In addition to the courses offered during regular school hours, the **NOCROP** offers additional elective courses in the afternoon/evening hours throughout the year at other local high schools. Class schedules and registration forms are available in the LAHS College/Career Center or visit [www.nocrop.us](http://www.nocrop.us).

**For more information, contact Stacy Eatmon or  
Gail Davenport  
at (562) 799-4780 ext. 82240**

~Follow us on Twitter @LAHSCareer

## **JOB BOARD Opportunities!**

The Career Center offers Job Board listings for students seeking part-time employment. Local businesses are welcome to call (562) 799-4780 Ext. 82240 or email job openings to [seatmon@losal.org](mailto:seatmon@losal.org). LAHS has many talented students who are prepared with basic entry level skills in the areas of retail sales, child care, tutoring, computer applications, etc. This partnership between LAHS and the local business community has been very effective over the years. Remember to HIRE Los Al! (A note to parents: Research shows that students with part-time jobs exceeding 15 hours per week tend to earn lower grades)

## **Work Permits**

Applications are available through the Career Center for students between 14 and 18 years of age. The work permit states the number of hours and times of day the student may work each week. The application requires an employer signature, parent signature, and social security number. Upon returning the application, the work permit is issued. Plan on one day minimum for processing. It is a good idea to discuss the relationship between classroom obligations and part-time employment with your student.

## **Regular Permits:**

Age	Max. Daily Hrs.	Max. Weekly Hrs.
14 & 15*	3 hours	18 per week

\*Students may NEVER work past 7:00 p.m.

Age	Max. Daily Hrs.	Max. Weekly Hrs.
16 & 17*	4 hours on a day preceding a school day	28 per week
	8 hours on a day preceding a non-school day	

\*\*Students may NEVER WORK past 10:00 p.m. on a night preceding a school day OR past 12:30 a.m. on a night preceding a non-school day.

## **Summer Work Permits and Hours**

When school is not in session, work permit applications are available in the Main Office during summer work hours. Working hours for students: the daily maximum is 8 hours, weekly maximum is 48 hours. Remember that summer jobs offer a great opportunity to learn responsibility, develop new skills, and try out different careers!