



# Los Alamitos Unified School District

## Outdoor Science School Check List

**Directions:** (1) Complete all documents listed below (2) Staple this checklist and payment to the top of all documentation (3) Return documents to classroom teacher by:

Date:

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**Student Name:**

**Room #:**

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### **Needed for ALL Campers By Date Above**

- Health Waiver (Yellow)
- Return Trip Permission Slip (Green)
- Discipline Agreement Form (Blue)
- Payment for OSS: \$300 Payment (Made payable to LAUSD)

### **ONLY for Campers Bringing Medication to Camp (Medication Form **MUST** be turned in two weeks before camp.)**

- Medication Form (White)
  - Physician Signature on Pink form for any prescription medications.
  - Medication in Ziploc Bag with student name written with Sharpie.
  - All medications are in their original packaging/box.
- Over The Counter (OTC) Medication
  - Students are not allowed to have OTC medications in their possession.
  - The Medication Form MUST be filled out and medications MUST be turned in following the same protocols as prescription meds.
  - OTC medications DO NOT require a physician's signature.
  - OTC medications must be in their original packaging/box.
  - Please don't send the OTC medications listed on the back of this form, as these medications are stocked in the camp health office and available for all students

## **OVER THE COUNTER MEDICATIONS AVAIBLE AT CAMP**

*(The following medications are available for all campers and don't need to be sent up to camp with students.)*

Children's Tylenol (Liquid)  
Children's Tylenol (Pill or Chewable)  
Children's Motrin  
Ibuprofen  
Benadryl  
Cough Drops /Throat lozenges  
Antifungal Foot Powder  
Antacid Tablets  
Hydrocortisone Cream  
Antihistamine (Such as Claritin)  
Immodium or Loperamide Tablets  
Electrolyte Pops (ICE) for Dehydration  
Aloe Vera Gel (Sun Exposure)  
Calamine Lotion  
Isopropyl Alcohol Wipes  
Iodine Wipes